

## For immediate release

## PRESS RELEASE

To better help those who are experiencing challenges related to COVID-19, the Flathead County Agency on Aging has expanded eligibility for the Meals on Wheels program. We are now offering hot, home-delivered meals and/or frozen meals for pick-up to people age 60 and older, as well as those under 60 with a disability, who normally don't need assistance but are unable to get adequate nutrition due to sheltering in place or other COVID-related circumstances.

We are also offering a Friendly Caller service for older adults who'd like someone to check in on them weekly.

Agency staff continue to provide Medicare/benefits counseling and application assistance, connection to community services and information about COVID-related resources for older adults by phone.

Eagle Transit is providing rides to older adults and people with disabilities to grocery stores, medical appointments and other essential services.

To sign up for the Meals on Wheels or Friendly Caller Programs, or to talk with someone about transportation or other services, please call **758-5730**. Also visit our website for updates at flathead.mt.gov/aging.

Members of the press, if you have questions, please contact Lisa Sheppard, Director, at 758-2481 or <a href="mailto:lsheppard@flathead.mt.gov">lsheppard@flathead.mt.gov</a>.